

**SCHUYLerville CENTRAL SCHOOL
GUIDANCE PLAN
GRADES K-5**

The K-5 Guidance plan strives to meet the New York State regulations. In addition The National Standards for School Counseling Programs are referenced throughout this plan. This plan is carefully designed to focus on what students should know, comprehend, and be able to demonstrate to enhance their development. The plan addresses the academic, career and social goals of each student.

SCHUYLERVILLE K-5 GUIDANCE PLAN

Program Description: Individual Counseling

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
Counseling for students with mandated IEP counseling as well as non identified students	Kindergarten-Grade 5	Counselor Time - As needed	Games, Activities, Books, Art Materials, Music, Video Clips	Students will be taught skills to help them be successful in school (e.g. social skills training, effective strategies for interacting with peers and adults, discussion of safety issues, gain better understanding of self.) Academic Development (Standard C) Personal / Social Development (Standard A,B,C) Meets state regs.

SCHUYLERVILLE K-5 GUIDANCE PLAN

Program Description: Small Group Counseling

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
<p>Group Counseling/support Groups for issues such as, but not limited to social, behavioral, emotional concerns</p>	<p>Kindergarten - Grade 5</p>	<p>Counselor September- June 30 Minutes per group</p>	<p>Games book, Activities, Art Supplies, Music, Video Clips</p>	<p>Students learn and practice skills to help them manage emotions, interact with peers and others, and set and reach goals as well as monitor progress</p> <p>Personal/Social Development (Standard A,C)</p> <p>Academic Development (Standard A)</p> <p>Meet State Regs.</p>

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Program Description: Liaison/Referral Resource to Outside Agencies

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
Conferences, Phone Consultation with agencies such as Child Protective Services, Therapists, Physicians' Offices.	Kindergarten - Grade 5	Counselor Psychologist Nurse Time - As needed		Promotes health, safety and wellness of students by communicating and coordinating with outside agencies. <u>Academic Development</u> <u>Personal / Social Development</u> Meets state regs.

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Program Description: Grade 5 Transition

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
Guidance Lessons Middle School Visitation for Students Parent Night Activity Night	Grade 5 Students and Parents	ES and MS Counselors, ES and MS Teachers, ES and MS Administrators Time - (April, May, June, September)	Parent Letters Parent Informational Packet	Students will become acclimated with middle school building and teachers. Parents will receive information to help their child adjust to middle level. <u>Academic Development</u> <u>Personal / Social Development</u>

SCHUYLERVILLE K-5 GUIDANCE PLAN

Program Description: Consultation

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
<p>Conferences about students.</p> <p>With parents, faculty, aides, and/or administrators for the purpose of increasing student success and school connectedness.</p>	<p>Kindergarten - Grade 5</p>	<p>Counselor</p> <p>Psychologist</p>	<p>Phone conversations</p> <p>E-mail correspondence</p> <p>One-on one meetings</p>	<p>Student connectedness and success will be increased due to communications between and among home and school.</p> <p>Academic Development (A, C)</p> <p>Personal / Social Development (A)</p> <p>Meets state regs</p>

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Program Description: Parent Communication

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
Phone calls Conferences Emails	Kindergarten - Grade 5	Counselor Alone Counselor with Team that works with that particular student. TIME: Year Round		Students will have the support of home and school working together for the purpose of optimal learning Academic Development (A) Meets state regs.

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Program Description: DASA Coordinator

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
<p>Conferences, Phone Consultation with agencies such as Child Protective Services, Therapists, Physicians' Offices.</p>	<p>Kindergarten - Grade 5</p>	<p>Principal Counselor TIME: As needed</p>		<p>Promotes health, safety and wellness of students by communicating a bullying free environment.</p> <p>Meets State Regulations</p>

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Program Description: Bucket Filler Program

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
<p>Teachers read, "Have You Filled a Bucket Today?" By: Carol McCloud</p> <p>Staff and students can nominate students who they see filling someone's bucket. They can also nominate someone who fills their bucket.</p>	<p>Kindergarten - Grade 5</p>	<p>Counselor Building Staff Students</p>	<p>Nomination Slips Certificates Reward Incentive</p>	<p>Students will be presented with formal certificates demonstrated by doing a good deed.</p> <p>Names are announced on the loud speaker on Friday.</p> <p>They get their picture taken and it is published on the school website.</p>

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Program Description: Instructional Support Team (IST)

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
<p>Monthly Team Meetings 1 Full Day</p> <p>Teachers submit student referrals to the committee for review.</p>	<p>Kindergarten - Grade 5</p>	<p>Counselor Principal Psychologist Speech Language Pathologist Regular Education Teacher Academic Intervention Teacher</p>	<p>Agenda created and sent to staff</p> <p>Outside information provided parents, Doctors, Psychologists, Social Workers, Therapists, etc.</p> <p>Handouts, informative websites, and instructional tips provided.</p>	<p>Committee will brainstorm academic interventions that help struggling learners in the classroom.</p> <p>We will also discuss if observations and/or evaluations are needed by related service providers (i.e., speech, OT, PT, and counseling).</p>

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Program Description: Backpack Program

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
<p>A program created by counselor and joined effort by our local food pantry (S.A.F.E.R.).</p> <p>A backpack of food will go home to those children in need of food for the weekend.</p>	<p>Kindergarten - Grade 5</p>	<p>Counselor Staff</p>	<p>Purchase of BackPacks Food Pantry Fliers</p> <p>Informational letters home to parents/families.</p>	<p>Students will receive food for the weekend on Friday in a Backpack.</p>

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Program Description: Effective Schools Team

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
Monthly Committee Meetings before school.	Kindergarten - Grade 5	Counselor Teachers Staff member Parents Principal	Attend Sub Committees Information to staff via flyers, emails, etc.	Developing new and creative ways to improve the elementary school. Ideas presented to improve the needs of all students.

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Program Description: Therapeutic Crisis Intervention For Schools (TCIS)

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
<p>Train the Trainer for the School District</p> <p>Crisis prevention and Intervention model for Schools.</p>	<p>Kindergarten - 12 Teaching Staff</p> <p>Educational Aides</p> <p>Administrators</p>	<p>Counselor 6-8 Counselor</p> <p>TIME: As needed</p>	<p>Board Room</p> <p>Projector/smart Board</p> <p>Exercise Mats</p>	<p>It assists schools in preventing high-risk and disruptive crisis behaviors from occurring, de-escalating potential crises, managing acute physical behaviors, reducing potential and actual injury to students and staff, teaching students positive coping skills, and helping to create learning organizations.</p> <p>It provides schools with a model for eliminating the need for physical interventions by putting in place a system to promote learning and reflective practice.</p>

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Program Description: PATHS (Promoting Alternative Thinking Strategies)

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
PATHS is used to improve students social and emotional skills by focusing on self-control, emotional understanding, positive self-esteem, relationships, and interpersonal problem-solving skills.	Kindergarten	Counselor	Letter home to parents. Permission slip sign for student participation.	Lessons from the PATHS program are also correlated to Common Core State Standards for ELA and American School Counselor Association Standards.

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Program Description: Parent Teacher Conferences

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
<p>Parents/guardians, teachers and counselors need to work collaboratively to enhance student performance.</p>	<p>Kindergarten - Grade 5</p>	<p>Counselor Class room Teacher Academic Intervention Teachers Related Service Providers</p> <p>TIME: November, December half days</p>	<p>Student grades and student progress information.</p>	<p>Parent communication will be enhanced to assure student success.</p>

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Program Description: Open House

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
To provide parents/guardians information regarding any social, emotional, or academic supports that their child may need.	Kindergarten - Grade 5	Counselor TIME: September evening		Communication between school and home is enhanced, for students.

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Program Description: IEP/504 Meetings

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
<p>Special Education students and students with 504 plans and their parents will receive up-dated information on yearly progress made and plans for the upcoming school year.</p>	<p>Kindergarten - Grade 5</p>	<p>Counselor Director of Special Education, School Psychologist, parents, regular education teacher, special education teacher, related service providers.</p> <p>TIME: Annually</p>	<p>Student file, Data supporting recommendations,</p>	<p>Students will be placed in, or remain in, an appropriate program with appropriate accommodations.</p>

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Program Description: Crisis Intervention/Evaluation

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
To provide students in emotional distress with an immediate intervention. Provide appropriate interventions including notification to students' parents.	Kindergarten - Grade 5	Counselor TIME: Year-round		Crisis situation will be diffused. Student will be able to return to classroom. Appropriate referral to outside agencies for follow up as necessary.

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Program Description: Attendance/Behavioral Issues

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
<p>Parents/guardians need information on their child's attendance and behavior in school. OBJECTIVE: Students so needing will increase their academic performance, attendance, and behavior in school. Activity: Referrals made to the principal, psychologist, or counselor by the teacher. Counselor will get written permission from the parent to meet with the student. These concerns are addressed with the parents.</p>	<p>Kindergarten - Grade 5</p>	<p>Counselor Psychologist Principal</p>	<p>Student grades, attendance, and teacher referrals.</p>	<p>Students will improve attendance, behavior and academic performance.</p>

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Program Description: RTIM Progress Reporting

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
Progressing monitoring for students who receive building level counseling services.	Kindergarten - Grade 5	Counselor		Keeping track of student's progress or lack there of, through collecting data in RTIM. (IEP Direct)

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Program Description: Home Visits

1. Activities	2. Target Group or Sub Group	3. Staff Assigned & Time	4. Other Resources Assigned	5. Outcome
Principal and counselor make home visits to insure student safety or help families in need.	Kindergarten - Grade 5	Counselor	Bring supplies, food, or documents to a family. Check on students for poor attendance.	Collaborate on ways to help the student meet their needs.